

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## stefan sowa

Has successfully participated & completed the

Sprint Triathlon TinMan Langebaan #1 - 24 March

held at Langebaan Country Estate.

## **TIME** 01:32:43

PACE 16.83km/h OVERALL 3 of 74

GENDER 3 of 40 45 - 49 1 of 3



outTime

Signature

24 March 2024, Sun

Date